

# The Flu Can Make You Sick.

Fight the flu with these steps every day.

Cover coughs  
and sneezes  
with a tissue.

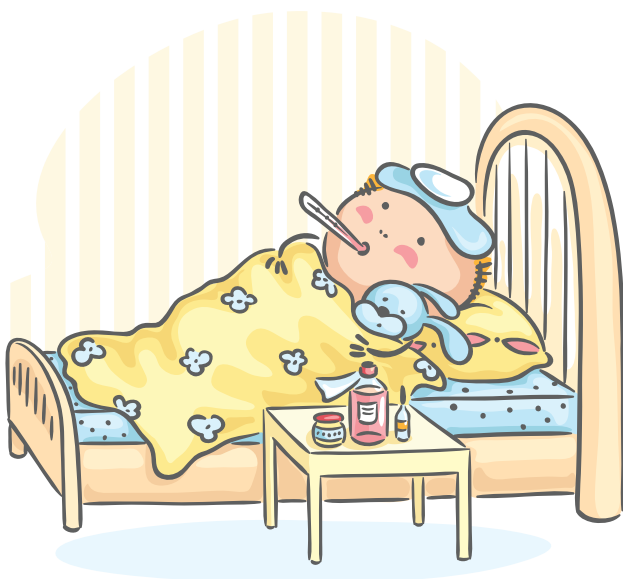
Throw the  
tissue in the  
trash after  
you use it.



Wash hands  
often with  
soap and  
water.



Stay away  
from  
people  
who are  
sick.



Don't touch your  
eyes, nose,  
and mouth.  
Germs can  
spread this way.



Let's fight  
the flu  
**TODAY!**

[www.scdhec.gov/flu](http://www.scdhec.gov/flu)  
800.868.0404



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protect *yourself.*  
protect *your family.*

**prevent the flu.**